



## Relationships, sex and health education Policy

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Cranham Church of England (VA) Primary School  
RSHE Policy

SOWING THE SEEDS OF LEARNING, THROUGH  
COURAGE, COMPASSION AND COMMUNITY.

## CONTEXT

Our children learn about relationships and sex from the very youngest age, even if we don't talk directly with them about it. A child's learning about relationships and sex will primarily come from their parents or carers, and schools should always work in partnership with home. Parents and carers need to know that the school's RSHE programme will complement their role and support them in the education of their child in this important area.

The school will ensure that parents' and carers' views are heard and that taught RSHE is culturally appropriate and inclusive of all our children.

With this in mind, the school has consulted the pupils on what they feel they need to know more about and what they already know about in order to help us re design the RSHE curriculum with them at the for front. Additionally, we have consulted parents through a curriculum evening, sharing with them the draft RSHE policy and where we hope to take the next curriculum.

As a Church of England school RSHE will be consistent with the school's Christian ethos and values:

- RSHE should emphasise respect, compassion, loving care and forgiveness.
- RSHE should be taught in the light of belief in the absolute worth of all people and the unconditional infinite love of God.
- RSHE should be sensitive to the circumstances of all children and be mindful of the variety of expression of family life in our culture.
- RSHE should be taught in the context of eliminating discrimination against any individual in our society.

## RATIONALE

What is RSHE and what is its aim?

The aim of Relationships, Sex and Health Education is to promote pupils' spiritual, moral, social and cultural development and to prepare all pupils for the opportunities , responsibilities and experiences of life.

What are the elements of RSHE?

There are 9 overarching elements to RSHE which work to develop the pupils' knowledge and understanding, attitudes and values and personal and social skills. The 9 elements that will be covered are:

- Healthy Relationships
- Money
- Rights and Responsibilities
- Healthy Lifestyles
- Keeping Safe
- Media Influence
- Hurtful Behaviour and Anti-bullying
- Valuing Difference
- Growing and Changing

What is our school's approach to RSHE?

At Cranham C of E Primary School the RSHE curriculum is taught through a planned PSHE programme, which has been re developed to focus on the areas the children feel they need to know more about following a pupil voice. This is in line with the National Curriculum including the science programme of study and with the support of some external agencies.

## **EQUAL OPPORTUNITIES**

What is the school's approach to equal opportunities?

The school strongly believes that all pupils should have access to RSHE that is relevant to their needs.

When teaching about 'Growing and changing' in KS2 children are split into gender groups and this is taught by a familiar adult in order to enable to children to have the opportunities to ask more personal or gender specific questions should they wish to.

Teaching and resources will be differentiated as appropriate to address the needs of all children in order for them to have full access to the content of Relationships and Sex Education.

## **THE TEACHING OF RSHE**

### The RSHE Curriculum

By the end of KS1 children will have learn about:

- Responsibility
- Growing Up
- People who help us
- Keeping ourselves clean
- Changes and Life Cycles
- Changes- The Human Life Cycle
- Being Unique
- Personal Hygiene
- The 'PANTS' Rule

During the teaching of PHSE and RSHE the children in KS1 with be taught in their normal class groups by the class teacher.

By the end of KS2 children will have learnt about:

- Similarities and Differences - Body parts
- Where do babies come from?
- Changes- Physical, Becoming Independent, Responsibilities, Emotional
- Similarities and Differences - Reproductive Organs
- Type of Love
- Personal Hygiene - Hand Washing, Infection, Anti-biotics, Keeping Clean
- Genetic Inheritance
- Life Cycle (including births and new babies)
- Relationships

During the teaching of PHSE and RSHE the children in KS2 by the class teacher as a whole class for many aspects of the PHSE and RSHE Curriculum. Some aspects of the curriculum will see the KS2 children taught by their class teacher of another familiar teacher in the school in single gender groups.

Cranham Church of England (VA) Primary School  
RSHE Policy

During all RSHE sessions the ground rules will be discussed at the start of the session these are:



## **PUPIL QUESTIONS**

Staff will try to answer questions raised by the children. Question boxes will be available for children to ask questions anonymously, these will be accessible at any time. At the end of each session there will be a question and answer sessions, open to all pupils.

Teachers will endeavour to answer questions as honestly as possible but questions they do not feel comfortable answering within the classroom or ones which are not age appropriate and beyond the Key Stage 2 objectives, will not be answered or explored.

## **CONFIDENTIALITY**

Dealing with disclosures

If a disclosure is made staff will follow the school's safeguarding policy. A member of staff cannot promise confidentiality if a concern exists.

## **MONITORING AND REVIEWING**

Monitoring

Cranham Church of England (VA) Primary School  
RSHE Policy

Monitoring is the responsibility of the head teacher, named governor and teacher with responsibility for PSHE, who is Miss Meadows. The effectiveness of the RSHE programme will be evaluated by assessing children's learning and implementing change if required.

When reviewing the policy pupil voices will be carried out and consultations will be held with parents.

This policy document will be available to parents via our website or via requesting a paper copy from the school office.

